



# CRAIGSIDE Newsletter



June / July 2017

## **“A little progress each day adds up to big results”**

I ran across this quote the other day and it struck me that it is quite apropos to what is happening right now at Craigside and where we are going as a complex. We are making steady progress toward change that the board feels will allow us to end up with big results for Craigside.

**Progress** in our recreation areas where you will see new shading, bathroom renovations and new pool furniture over the next couple of months.

**Progress** in our communication as we implement a new communication tool called the “Condo App” to provide more timely notification and communication to residents especially during emergencies and provide you better ways to communicate your requests to our resident manager and security.

**Progress** throughout our grounds as we develop plans to improve our bougainvillea and landscaping.

**Progress** on improving our stairwell lighting and other security measures.

**Progress** in making our newsletter a bit more social and informative. See our article about two of our owners.

Overall our goal is to make improvements, some of which are very visible while others will be behind the scenes but have impact in modernizing and maintaining our property.

Thank you for your patience as we continue with our “little forms of progress”. Your encouragement and support are appreciated by those of us volunteering our time to Craigside.

**Gail Lerch, President, Craigside**

## **ECOSHADE**

EcoShade has begun installation of the new louvered roofs in both BBQ areas of Towers I and II. The adjustable louvers will keep you dry and cool so you don’t need to run for cover the next time you’re grilling! Weather permitting, both roofs should be completed by the end of June. Perfect timing to beat the summer heat!

## **RECREATION AREA RESTROOMS**

The Board approved proposals from Gundaker Works, LLC to renovate the Tower I and II pool/recreation area restrooms. Construction for Tower II is scheduled to begin July 5<sup>th</sup> and last 2 weeks, during which time the pool area will be closed. Tower I construction will begin upon completion of T2 and follow the same timeline.



You may have seen Gundaker in the news recently when they teamed up with Habitat for Humanity to build a model Accessory Dwelling Unit (ADU) aka “tiny home” on the lawn of the State Capital. What a great partnership! We are very excited to have Gundaker help us improve our recreation areas.

## **POOL FURNITURE**



New Tropitone chaise lounges, chairs, tables, and side tables have been purchased from Island Lanai and will be delivered very soon. The pools are two of

the most highly used amenities at Craigside and the Board is committed to ensuring they are not neglected.



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## **CONDO APP**

Want to know when an elevator is out of service or if there is an emergency water shut off? The new Condo App is making that possible! Receive instant notifications on your iOS or Android mobile device from our security staff and Resident Manager.

We're currently testing various features, training staff, and working on documentation to help residents make the most of this valuable application. Stay tuned for more information in the coming weeks! We are very excited and hope you are too!

## **HOUSE RULES REMINDER**

Please refrain from hanging anything from lanai railings or windows, including but not limited to shoes, towels, and rugs. Draperies, curtains, blinds, and air conditioning sleeves / grills must be brown or bronze color unless windows have approved tint and the overall exterior appearance of the building is preserved. Refer to sections 8.250, 8.300 and 9.400 of the House Rules.

## **HEALTH AND WELLNESS**

### **Talking with your Doctor**

If you ever left a doctor's appointment and realize you forgot to ask something you are not alone. Prepare for your next appointment with these tips:

1. Note changes to your health since your last visit.
2. Write down your questions and concerns.
3. Note your symptoms and side effects. When did they start? How often do you have them? Have they changed recently?
4. List all your medications: better yet, put them in a bag and bring them with you.
5. Check your calendar. What other health providers have you seen since your last visit? Did you go to urgent care or the ER? Did you get a flu shot or other vaccines?
6. Consider bringing a family member or friend with you. They can help ask questions.

## **During your visit**

You and your doctor are a team. Work closely with your doctor. Listen carefully and be open with answers. Before you get a test, treatment or procedure, be sure you understand what's happening. Ask these questions:

1. Can you explain how this test or procedure will improve my health?
2. What should I expect?
3. What risk or side effects do I need to be aware of?
4. Are there simpler or safer options for me?
5. What happens if I don't do anything?

Tell the doctor –in your own words –what you understand about the information and advice you were given. Need a follow up visit? Schedule it before you leave.

(This information is based on the Consumer Reports Choosing Wisely)

## **RESIDENT'S CORNER**



Vernon and Evie Char have been Tower II residents for five years. Evie is a retired psychiatric clinical nurse specialist and psychotherapist who now volunteers giving energy healing to hospitalized patients. Vernon is a practicing attorney in Honolulu. He enjoys hiking the hills in this area.

Reading is a favorite pastime for both, they frequently donate and borrow books from the bookshelf on the first floor. When the shelf gets overloaded, they take some of the books that have been there for a long time to the public libraries in the area. The libraries are very grateful for these donations.

We would like to thank everyone who contributes to our book shelves, the volunteers in each tower who help collect the books, and the Chars for coordinating the donations to the State Libraries.



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## **HURRICANE PREPAREDNESS**

June 1st marked the start of the 2017 hurricane season in the Central Pacific, and this year forecasters predict another above average year.

Below is a short list of items that might help in case of an emergency.

- Cash – banks and ATMs may not be open or available for extended periods
- Water – at least one gallon per person per day for 3-7 days, plus water for pets
- Food – at least enough for 3 to 7 days, including non-perishable packaged or canned foods and juices, food for infants and the elderly, snack food, non-electric can opener, vitamins, paper plates, and plastic utensils
- Radio – battery powered and NOAA weather radio with extra batteries
- Blankets, pillows, etc.
- Clothing – seasonal, rain gear / sturdy shoes
- First Aid Kit – plus medicines, prescription drugs
- Special Items – for babies and the elderly
- Toiletries – hygiene items, moisture wipes, sanitizer
- Flashlight and batteries
- Keys
- Toys, books, and games
- Pet care items, identification, immunization records, ample food and water, medicine, a carrier or cage, leash
- Determine safe evacuation routes inland
- Learn locations of official shelters

For additional hurricane preparedness information, a list of evacuation shelters across the island (including special health needs and pet friendly shelters), and other helpful information, visit our Craigside website.

## **MEET OUR GROUNDSKEEPING STAFF!**



L to R: Daniel Corrales Jr (8 mo), Ernesto Bascano (22 yrs), and Salvador Basanes (18 yrs)

**Thank you for keeping our home beautiful  
and for your commitment to Craigside!**

### **\*\*\* ONLINE AMENITIES SURVEY \*\*\***

Thank you to those who have already completed the Craigside online amenities survey. If you haven't had a chance to yet, it's not too late! Visit our website, <https://www.craigside.net>, and click the Amenities Survey tab. Thank you!

## **CONTACT INFORMATION**

Office: 528-3131

Security: 526-1297

Website: <https://www.craigside.net>

Email: [manager@craigside.net](mailto:manager@craigside.net)

## **BOARD OF DIRECTORS**

*President – Gail Lerch*

*Vice President – Jim Fulton*

*Secretary – Dean Fujii*

*Treasurer – Robin Auyong*

*Directors: Sandie Wong, Elly Chong, Mike Wong,  
Steve Bradley, and Steve Anderson*

*(To share your concerns, questions, or suggestions to the Board please contact the Resident Manager or Property Manager at Hawaiiana, or join us at the monthly Board meeting.)*